

Advance Care Planning

Planning
Worksheet

*Empowering Older Adults by Making their
Health Care Wishes Known*

“Advance Care Planning is a process across time of understanding, reflecting on, and discussing future medical decisions, including end-of-life preferences.”

From “Honoring Choices WI” Website.



I am thinking about asking the following individuals to be my agent:



Some thoughts I have had about my personal beliefs that I want to make sure I address in a conversation with an Honoring Choices Facilitator:

Have I communicated my wishes to my physician? (circle one)

YES

NO

If YES, are those wishes still up to date and accurate?

If NO, my next action step is to contact _____
to set up an advance care planning discussion.



Notes: